

## HEALTH SECRETS Presents

Jonathan Otto with Ty & Charlene Bollinger - *Eastern Medicine Journey Through Asia*

- Jonathan Otto: [00:06](#) I'm here today with Ty and Charlene Bollinger and it's such a privilege to be with you guys. Thank you so much for taking the time out. We're thrilled because you're doing something really exciting, really special, with the questions that you've taken here in Asia discovering Eastern medicine and really how people can use it, particularly for cancer. Certainly, there is a lost art. I've seen it, myself, and all the research I've been doing.
- Jonathan Otto: [00:35](#) I've seen the lost art of Eastern medicine, what it really stands for, the truth of it and how important it is today, and how you're dealing not just with centuries but millennia of wisdom that, essentially I believe, that God has passed down these generations through these Eastern avenues like Ayurveda and Chinese medicine. We are going to talk about these things. You guys are going to help me understand how these protocols are working.
- Jonathan Otto: [00:57](#) Firstly, I just want to say, I love you guys. I appreciate you guys. [inaudible 00:01:01] here. I'm over to visit a waterfall, of all things, with my family and, certainly, wherever you are, whatever you're doing right now, make sure, get outside, have fun, mix up work and play together, and mission and play, and being with family, being out in the fresh air here. Banana trees behind me and out near this waterfall. We've got some buildings here that need a bit of work, but it's beautiful, right? It's just a beautiful place. Ty and Charlene, thank you. You guys have been really inspirational, and helpful for me, and formative for me in the work that I do with educating and helping people with autoimmunity, depression, anxiety and other challenges. You guys really helped to see the vision of what was on my heart and exposed me to a lot of things. I'm forever grateful for that. You guys have been a huge inspiration for me. Your work is continuing to inspiring, touch and change lives. I just love your interest and your care for people.
- Jonathan Otto: [02:05](#) It's an honor to do this interview with you today and thank you for taking the time in educating my audience on the things that you have been learning.
- Ty Bollinger: [02:11](#) Absolutely, Jonathan. We love you, your brother to us, we love you like family, and Lori, too. We are just happy to be on the call with you today.

- Jonathan Otto: [02:21](#) Awesome. Let's dive in. Why don't you help us get educated on Eastern medicine? Why, what's the importance? We can go back to your family. Obviously, your family, for those that know, and you can take us there, but Eastern medicine wasn't something that they were given as an option when they fell sick with cancer. I know that was connected to your questions to find answers, but why don't you take me, firstly, to why Eastern medicine, and then why don't you take me into your family story, and how that's relevant with the solutions and treatments that you've been discovering?
- Ty Bollinger: [02:57](#) Yeah. Eastern medicine grew out of our last documentary called Global Quest. Really, what makes sense to get to Global Quest, let me let Charlene share our story about losing family members, because that'll give your audience, that's not familiar with us, a good idea of why we're doing what we're doing. Then, I'll walk us through from Global Quest, which you were involved with, into how Eastern medicine came about. The foundation of our story is all the losses we had to cancer, so I'll let Charlene tell it. She tells it better than me, plus, she's prettier.
- Charlene: [03:25](#) Like Ty said, that we started with an ash heap of death, and every step along the way, including the documentaries that we make, and Eastern medicine, we've done all of it together for the one purpose of saving lives by giving information that Ty and I did not have, in the beginning of our journey, learning the truth about cancer.
- Charlene: [03:49](#) Back in 1995, after we married, soon after that, six months later, his dad doubled over in pain. We were with him when this happened. We took him to the emergency room. They opened him up thinking it was gallstones, it was literally cancer. The doctors didn't know what to do, Jon-o. They came out of the emergency room halfway through this surgery and said, "Wow, it's cancer, and he's so young, and it's so advanced." You could tell these doctors didn't know what to do with him.
- Charlene: [04:16](#) They cut his stomach out, sewed him back up, didn't so him up properly and 25 days later he was dead. We thought it was to the cancer, but in reality, he bled to death. It was this surgery that killed him. That was our introduction into the world of cancer. Six months later, we lost his father's father, then his father's brother, and his cousin, Glen, all in that first year. Then, a few years later we lost his mother's father, then his mother's mother, and then, finally, my mother-in-law, in 2004, Ty's mother, February 15, 2004, to, basically, cancer treatments.

Charlene: [04:52](#) We did a lot of research, Jon, and you know that. We're good friends with you and we shared all this with you, but out of that ash heap of death, flowered a beautiful blonde some of life. We researched, and we wrote a book called Cancer: Step Outside the Box, and we got that out into the masses, and through that book, we reached the world with protocols that really work. We helped them to understand the history behind the modern medical monopoly and why a lot of mainstream doctors just don't know. It's the education system, not the doctor.

Charlene: [05:25](#) These are noble people getting into this to save lives, but they are not learning the holistic approach to treating the patient, the body, mind and spirit. We were able to bring that to the people through a book, reaching hundreds of thousands. Then in 2014, we started making docu-series. Through this docu-series we reached 20 million people with The TRUTH About Cancer series. We covered United States of America, then Ty and the crew went to Europe for a Global Quest, but now we've been able to penetrate where it all began.

Charlene: [06:02](#) In the East, and Asia, seven countries and seven days, our crew and the footage that we got there is so beautiful and amazing. We got drone footage and time-lapse footage. Bryce, you know Bryce, he got a lot of that footage. We didn't use any stock footage. Literally, all of our footage in the final cut is tremendous, and the doctors over there love what we're doing, and they're doing great work. They're superheroes and the protocols are astounding.

Charlene: [06:31](#) They're holistic, energy-based. They are spiritually-based in clearing out the toxicity of the mind, the negative thoughts that become rooted in the physical body. The root of bitterness is killing them with cancer and so it's just a whole approach to the body, the mind and the spirit. Ty, I would love to share this protocol.

Ty Bollinger: [06:57](#) Yeah.

Charlene: [06:57](#) He's got a book-

Ty Bollinger: [06:58](#) Well, Jon-o, are you still getting us? Because you froze up on the screen. Can you see us?

Jonathan Otto: [07:04](#) Totally. No, no worries. Can you see me? Are we good? Yeah.

Charlene: [07:05](#) Yeah.

Ty Bollinger: [07:05](#) Yeah.

Jonathan Otto: [07:06](#) Yeah, no.

Ty Bollinger: [07:07](#) [crosstalk 00:07:07] something. I was concerned we lost you.

Jonathan Otto: [07:08](#) Everything's solid. No worries. Just remember, well, yeah, feel free to check in anytime, but, yeah, everything is good. Anything that's [crosstalk 00:07:15]-

Ty Bollinger: [07:14](#) Okay, cool.

Jonathan Otto: [07:16](#) ... is fine, really.

Ty Bollinger: [07:18](#) Okay, cool. Yeah. Thanks for the introduction there, honey, about why we're doing what we're doing. Let me mention, Jon-o, you're already familiar with our losses. You were the one that made me cry in front of millions of people talking about how our children will never meet their grandparents, right? I remember after that happened, I called Charlene, I was like, "Jon-o made me cry. We can't use this." It's just the reality that has affected our lives and it is sad that our kids won't ever meet their grandparents.

Jonathan Otto: [07:46](#) It is tremendously sad, and thank you for revisiting that, and thank you for letting the world know your pain with that, so we can all feel that together, have empathy for each other and then take that next step into healing. I really think it was your ability to process that, even though I know you don't fully feel like you've ever really fully processed it, but you processed it in a way that allowed you to propel into mission rather than sustain bitterness.

Jonathan Otto: [08:12](#) I really admire that and I'm glad that we explored that together. I know that was the launchpad for everything. Now, we're here, at this next chapter of Eastern medicine and what that means for cancer treatments. You guys are, again, on this front line of what people can do, and how practical this is, and how people can implement these things from home, and the vast array. I'll let you guys dive in there with this Eastern chapter.

Jonathan Otto: [08:39](#) What was it that you discovered that's really valuable that people could look at implementing today? Is there a particular spice, herb, oil, food that you've discovered? Some really great takeaways so our audience can start even trying something out today? What would you like to share?

Ty Bollinger: [08:57](#) Let me just what their whistle for what they'll get with Eastern medicine and I'll share some of that. Let me segue from the Global Quest to there. We did go to

Europe, you were instrumental in helping to produce. You are one of the producers on Global Quest. You did a lot of the trailers for Global Quest. You're very familiar with that work.

- Ty Bollinger: [09:15](#) One of the comments that we got very frequently was, "When are you going to go to Asia? When are you going to explore Eastern medicine?" That was what led us to Asia, to Eastern medicine. As Charlene mentioned, this last summer, in July, we did travel to seven countries in Asia. We went to Japan first, then Taiwan, Philippines, Singapore, Malaysia, Thailand and then India. We have seven countries that we explored.
- Ty Bollinger: [09:36](#) The subtitle of the documentary is Eastern Medicine: Journey through Asia, 7 Countries in 7 Days. In seven days, this is a seven-episode documentary, you're going to visit each of those countries and those doctors. It took us longer than seven days to do it. We were there almost a month, but we condensed it into a seven-day documentary.
- Ty Bollinger: [09:54](#) What you find is that in each country, there are unique protocols that are indigenous, let's say, to that country that no one else is using. They all revolve around using what we call nature's medicine or God's medicine. It's natural stuff. It's mushrooms, it's fungus, it's herbs, roots that have been used for a millennia, so they're really agent medicine, but they've almost been hidden to where we don't realize their medicine anymore, because we have been brainwashed with the construct that, for it to be medicine, it's got to be sold by a pharmaceutical company and prescribed by a doctor.
- Ty Bollinger: [10:35](#) Most people don't realize that God is the master chemist, He's the master pharmacist. Nature has medicine growing everywhere, we just need to identify it and use it. In each country we found that. In Japan, we found fermented types of roots, like different types of ginger, that they are fermenting, which is an ancient Chinese medicine, a traditional Chinese medicine approach to firm and roots and use that in an integrative approach.
- Ty Bollinger: [11:02](#) We also found advanced medicine that somebody today would look at and say, "Wow, that's cutting-edge." Like using electrical currents to treat advanced stage brain cancer. We interviewed a doctor in Tokyo that is doing that. I'll hit just briefly on each country, if you think that's appropriate here, on different unique treatments there. We went from there to Taipei [crosstalk 00:11:22]-
- Jonathan Otto: [11:22](#) That'd be awesome. That's be really awesome. Thank you.

Ty Bollinger: [11:24](#) Taiwan is the country where medicinal mushrooms are even more prevalent than in China. It's Taiwan, right? Well, because Taiwan is actually the Republic of China. Very big Chinese influence in Taiwan. The People's Republic of China is China; the Republic of China is Taiwan. People don't know that. In Taiwan, medicinal mushrooms are huge. Treating the whole body, with they would call the energy meridians, the harmonics through the body, all stuff that Charlene and I had heard in the past and, to be honest, we kind of thought was woo-woo type medicine.

Ty Bollinger: [12:02](#) We thought, "Well, that's just kind of weird. You can't measure it. How do you understand that you are fixing your energy systems?" Well, we interviewed doctors in Taiwan that have figured out ways to measure your energy meridians and your harmonics in your body. They diagnosed with the blood pressure and with pulse. They can literally take your pulse, or your blood pressure, and get a pretty good idea if you have cancer or not without doing a mammogram or a biopsy.

Ty Bollinger: [12:29](#) The diagnostics they use are so far advanced, they've been doing them for thousands of years. But that was one of the big things we learned there was the medicinal mushrooms for cancer and for the immune system. Not necessarily for cancer particularly for the immune function, because it's the immune system that heals. Whether it's cancer, or whether it's diabetes, whether it's autoimmune disease, if you get the immune system working properly, it heals the body. The key is to give it the proper inputs to your body.

Ty Bollinger: [12:54](#) That was the big thing that we learned in Taiwan and its 90 minutes. 90 minutes in each country, so you're going to learn a lot with each episode, but that's the thing that's-

PART 1 OF 3 ENDS [00:13:04]

Ty Bollinger: [13:00](#) Country, so you're going to learn a lot with each episode but that's the thing that sticks in my mind. Another thing in talking about Taiwan that was fascinating, we interviewed a doctor that's been working with doctors in Taiwan, Cambodia, United States, Vietnam. And they've developed this special kind of acupuncture that when combined with proper dosage to sunlight, vitamin D-3 from sunlight, can literally cause your body to excrete in the urine cancer stem cells. Never heard about anything like this before but that's something else. You're going to hear about treatments that you've not even dreamed about and different protocols when you go to Taiwan. It's

amazing. So I'll go down to the next country-[crosstalk 00:13:43]

Jonathan Otto: [13:43](#)

That's so exciting, I'm so excited.

Ty Bollinger: [13:45](#)

It's awesome, it's really amazing what you learn. And again, you know Eastern Medicine has this connotation of being an Eastern religion when it's really not. It's using nature to heal. It's looking at the body as a whole and not treating a sick body with a chemical drug. That's really the synopsis of what Eastern Medicine is, is using nature, using sunlight, using emotions, making the body be complete, looking at it holistically, that's Eastern Medicine. It's not a religion.

Charlene: [14:11](#)

Yeah, can I just jump in here real quick?

Ty Bollinger: [14:13](#)

Yeah.

Charlene: [14:14](#)

Ty's right, Eastern Medicine is, what we've found really, is just creation, the amazing miracles God sprinkled all over the earth through the leaves, the plants, the fruit, the bark, the mushrooms, and even in the protocol using the sunlight in tandem with acupuncture, all these natural things. It's not toxic to the body. And so it's targeting cancer cells, it's boosting the immune system. And it's not killing the patient and it's not harming their body in any way. It's just boosting their mind, their energy meridian.

Charlene: [14:50](#)

Cancer is not a chemical deficiency, a cooked up chemical deficiency. It's some kind of imbalance in the body. And so what they're doing in the East is they're literally balancing out the health on a cellular level and on a spiritual level in the mind. Just the thoughts and with sunlight and sound and stopping exposure to wifi for example, there's all these- [crosstalk 00:15:15]

Ty Bollinger: [15:14](#)

They use a lot of laughter therapy in Eastern Medicine to boost the immune system with happiness.

Charlene: [15:19](#)

Yeah. A cheerful heart is good medicine.

Ty Bollinger: [15:20](#)

Yeah.

Charlene: [15:20](#)

And with every thought you're either causing destruction to the physical body or health to the physical body. There's a strong connection. And the doctors over there, [Jono 00:15:30], said that with every cancer patient there's a direct link with the thoughts and the mind to the cancer. Every cancer patient has dealt with some kind of negative emotion. Whether it's fear or whether it's anger or bitterness, maybe a business partnership has gone bad and the person just can't get over it. And

they're just stirring up with bitterness and that ends up taking root in their body somehow. So they're cleansing, they're helping the patients to forgive and to get through these difficult times in their life. And it's just so cutting edge but in reality it's been around since the beginning of time.

Ty Bollinger: [16:08](#) And I want to say something real quick because I don't want to forget it. [crosstalk 00:16:10] Charlene just mentioned forgiveness so the next country was Manila, it was the Philippines. And went to Manila and they have a therapy there called [Hoko pono pono 00:16:17], it's a Hawaiian term. And it's forgiveness therapy. They literally practice forgiveness through a therapy where they repeat "You hurt me, I forgive you, I love you." It's from Hawaii and it's a literal, like a little forgiveness poem that they use to free the mind of bitterness towards somebody that's hurt them.

Ty Bollinger: [16:37](#) I just wanted to add that because that's literally a therapy that they use in the Philippines which was the next country that we went to. And one of the things that Charlene just said too, is you know there's medicine everywhere. You'll probably remember this Jono from Global Quest, but there was a quote about Mike Adams, he was talking about a traditional Chinese medical doctor. He took him out into the forest and he said, "Find something that's not medicine." And Mike Adams said, "I couldn't, I couldn't find anything that wasn't medicine." So that's what we saw is everything is medicine, you've just got to learn how to use it. The roots, the bark, even the air is medicine. The water is medicine. The sunlight's medicine. It's all around us, we just need to know how to use it. So that was what we learned throughout Asia was that everything is medicine. You just have to know how to recognize it and how to use particular plants.

Ty Bollinger: [17:21](#) As I mentioned, the next country was Philippines, it looks like you're about to say something, go ahead.

Jonathan Otto: [17:26](#) I just wanted to add that that's really awesome. After learning that at Global Quest with you guys I put it to the test. And my wife, I cooked some tapioca, which is, you know, it's a root.

Ty Bollinger: [17:38](#) It's also called manioc. That's called manioc in Manila, it's called cassava in the Philippines, it's called tapioca here, but it's all the same root that has vitamin B-17.

Jonathan Otto: [17:49](#) Amazing, you got that right. So I cooked it because I liked the taste of it and then I offered it to my wife. And then she said no, I don't like that. And I said, "Oh, it's cancer fighting." And I was just saying this just to make her eat

it. But you know I was going to come good on it, I was not going to like lie to her because I didn't know. But then when she was going to scoop it in, I'm like I've got to tell her now because I don't know this for sure. And then I googled it. And then it turns out that this study was done in the university I studied at, Newcastle University, and it was proving that tapioca is cancer fighting. And it's just one example but it shouldn't be a shock to people when they realize that everything is cancer fighting. It's just mind blowing.

- Jonathan Otto: [18:28](#) And I was like now I don't have to come good on that. That was actually true, I was just joking at the time, but it's true, look, it is cancer fighting, you should eat it. [inaudible 00:18:34]
- Ty Bollinger: [18:36](#) That's funny Jon, I did learn that. Because I didn't realize that tapioca was the same thing as cassava which is the same thing as manioc in different countries and they do have vitamin B-17 in the root. Extremely cancer fighting, the studies go back to the 1950s. So fascinating.
- Jonathan Otto: [18:51](#) Awesome, awesome.
- Ty Bollinger: [18:52](#) Yeah, and one of the things that we learned in Manila, Philippines, was really interesting. You probably heard Jono, and I know Charlene has, of the [Navarro 00:18:59] urine tests. It's a diagnostic test that tests the levels of HCG, human chorionic gonadotropin, which is a hormone, in the urine. And if you have elevated HCG and you're a man you've probably got cancer. Because HCG is known as the pregnancy hormone and so women have elevated levels of HCG when they're pregnant. But men never get pregnant so that's a good diagnostic for men and it [inaudible 00:19:21] cancer.
- Ty Bollinger: [19:21](#) We went to the home of Dr. [Ephraim 00:19:23] Navarro whose father developed that test and we interviewed him in the Philippines. And he talked about using cassava root, which is tapioca, for cancer. And here's the thing that really blew us away about the Philippines. The Philippines is a very, very poor country, okay? The average medical doctor in the Philippines makes 1400 dollars a month, a medical doctor, 1400 dollars a month. That's poverty level in the United States but that's what a medical doctor makes there.
- Ty Bollinger: [19:52](#) So what they've had to do is to develop protocols that work for people that are extremely poor that can afford it. They can't afford medicine, they can't afford pills. And so one of the doctors there that we interviewed, Dr. Jimmie [Deliaco 00:20:03], an 87 year old, five foot three gentleman that is just a, he's just a bag of hoots. He

literally will keep you rolling with his stories. But he talked about a protocol that he developed, he developed for cancer 40 years ago. I know, Jono, that you're familiar with the Kelly protocol that became the Gonzalez protocol, right? Well, Dr. Kelly healed Dr. Jimmie of his cancer. And it was with the enzymes, the pancreatic enzymes that they use for that protocol.

Ty Bollinger: [20:31](#)

Well, Dr. Jimmie said, "You know we live in the Philippines, in a poor country. We can't afford 80 to 100 pills per day. They can't afford the supplements." So what he's done is he's just gone to the ... Where do they produce the supplements? Well, the enzymes that Dr. Gonzalez used are enzymes from four pigs in New Zealand. We know the source, we know where he got his enzymes produced. And it was pig pancreas from New Zealand, a very very clean source of pork. And the diet that they feed them there is organic and so forth.

Ty Bollinger: [21:03](#)

Dr. Jimmie said, his protocol is chop up, literal pancreas and eat it. Don't go to the enzymes, go straight to the pancreas. And then it's followed with beef liver to help to detoxify and help with iron levels in the blood. And then it's followed by, after that, a raw food diet with detoxification and coffee enemas which is part of the Kelly protocol and Gonzalez protocol. Costs pennies a day, a couple of dollars a day. And he's got like ten thousand patients that he's put on this protocol that have recovered. It's amazing. So in the Philippines you'll learn that.

Ty Bollinger: [21:35](#)

And I'm going to speed it up because we've got four more countries. I'm going to do like 30 seconds on each country. But we went from there to Singapore. One of the interesting things about Singapore is that there was a doctor there that literally that's an autistic, a highly functioning savant with Asperger/autism, that has developed a measuring device that can measure your meridians and measure your energy flow in your body. And has proved energy medicine is actually scientific, okay? It's not [woo-woo 00:22:02] anymore, blew me away.

Ty Bollinger: [22:04](#)

Singapore is very very regulated though and so they can't say they're treating cancer there with anything outside of the big three. They have to say it's functional medicine, it's adjusting the spine, it's sports medicine, whatever else, but very heavily regulated. But we got some amazing interviews in Singapore with very passionate doctors that are just going to town and healing cancer without saying they're healing cancer. But a lot of the natural substances ... We went to a Singapore herb garden where they're literally growing hundred of herbs

at a university in Singapore and we got ... Part of the documentary in episode four from Singapore is going through that herb garden with us as they identify these different herbs that have cancer fighting properties against leukemia or bone cancer or breast cancer or brain cancer.

Ty Bollinger: [22:50](#)

They describe the herbs. You get to watch us walk through the garden with them, it's truly amazing. And, they give them away for free to anybody that comes to the herb garden. It's not, it doesn't cost people in Singapore anything, it's part of their charitable work. So it blew us away.

Ty Bollinger: [23:04](#)

We went from there to Malaysia. More great stuff in Malaysia, more walking through herb gardens and seeing all the indigenous herbs and roots. And just learning about ... One of the interviews in Malaysia that blew me away was an oncologist that was classically trained. And he thought the only way to treat cancer was chemo or radiation or surgery until his aunt got cancer. And he said come to our clinic and we'll put you on chemo and radiation and we'll do the best we can. And she said I'll never do that stuff, that stuff will kill me, but I will do other things. And she went on some natural protocols and you know it's a couple of decades later. She's alive and well and that's, he said that changed my life. I saw the way that she went natural and went to nature to heal and she's doing well. And he said, he literally said, you'll probably see it in one of the trailers. I said, "That changed your way of thinking?" He goes, "It changed my life." And this is an oncologist. Malaysia's amazing.

Ty Bollinger: [23:58](#)

We went from there to Thailand, did interviews in Thailand. We went to [Puket 00:24:02] and here's one of the things that was very cool. We met a couple from Shanghai China on the beach in Puket Thailand that had been influenced by the truth about vaccines and Global Quest, that recognized me on the beach in Thailand, but they are from China. It just shows the reach that the documentaries have had.

Ty Bollinger: [24:20](#)

And here's one of the coolest meals that we got, and this was at a clinic that uses a raw vegan ketogenic diet to reverse cancer. People are all up in arms about oh you can't promote a ketogenic diet for cancer patients, it won't work. Well, that's just a bunch of nonsense. These clinics in Thailand are using ketogenic diet, but it's raw vegan. So they're not necessarily saying you need to go eat bacon, eggs and cheese. They're using avocados, coconut oil, nuts and all kinds of things where you can get your protein and your fats but still in a vegan way.

And every patient at this clinic goes on this and they've got tremendous success reversing late stage cancer.

Ty Bollinger: [25:00](#)

We went from Puket, Thailand, to Bangkok. We went to two different clinics in Bangkok, phenomenal protocols there. I don't have time to go into all of them, but I was just blown away. At one of the clinics you literally got more information in Bangkok than any clinic we've ever been to except probably comparable was when we went down to Hope for Cancer in Tijuana with Dr. Tony and we went through that clinic and we got the footage. And you were there Jono, we got the footage in each of his different protocols. It was very similar to that but in Bangkok, Thailand. Thailand's a very ... And here's the thing, except for Singapore, the other six countries are like in the top ten countries in the world for medical tourism. People fly there from the U.S. all the time to be treated for cancer because the protocols work so well. And they're easy to get to, right? It's easy to get to Tokyo, easy to get to Taipei, easy to get to Manila, it's easy to get to Bangkok, easy to get to Mumbai. Those are all hubs.

Ty Bollinger: [25:55](#)

We went from there, so the last country, actually we planned to go to India but we had problems with our visas. We couldn't get in there to film a documentary so we-

PART 2 OF 3 ENDS [00:26:04]

Ty Bollinger: [26:00](#)

We had problems with our visas. We couldn't get into there to film a documentary. So we had to bring the Indian doctors to Bangkok. So the last episode is actually filmed in Bangkok, but it was Indian doctors. Seven different medical doctors from India going over the way that they're going to in the nanotech homeopathy. The way that they've used the latest electron microscopes to measure the fact that, you know, you'll hear people talking about homeopathy that, "Oh, there's nothing in it. Once you dilute something so many times there's none of the original substance left in it, so therefore homeopathy is quackery."

Ty Bollinger: [26:33](#)

Well, they're using the highest powered electron microscopes. And once you past Avogadro's number, which is something diluted 10 to the 23rd times. It's like there's nothing left. But with the electron microscopes today, they can prove that they do still have remnants of the original substance in them. So they've proven now that homeopathy is scientifically based, evidence based medicine.

Ty Bollinger: [26:57](#) And we've got doctors in India using mistletoe therapy. Which you know, remember Suzanne Somers used mistletoe [inaudible 00:27:05] therapy. So we've got that going on in India. It's amazing. People are flying to Indian left and right to be treated because these doctors know what they're doing. They're healing cancer. So that's the seven countries. I know I've just been rambling, but I'm so excited about it because it is a journey through seven countries in seven days and people don't want to miss it. They're gonna learn so much

Jonathan Otto: [27:24](#) That's fantastic. Thank you so much, Ty. I mean that's breathtaking. And such a value add that people can walk away with. Any other last notes you'd like to share with the audience now?

Ty Bollinger: [27:37](#) Well, I want to share. Charlene's the host, so the viewers will get to see both of us. I was in Asia with the team. Charlene is here and she's host and the visuals of this thing are really amazing. It's a travel documentary, but the way that it's produced and the visuals, I think it's just going to be fun to watch as well as educational. What about you, hon?

Charlene: [28:00](#) Yeah. I think that the overall scope of this documentary, it's a seven episode documentary, is just world class and the final cut, the film is tremendous. It's entertaining. It's almost like reality style TV. So like Ty said, I'm in the studio opening it up, closing it down and walking the viewer through Asia and literally Ty and our film crew are in Asia. But it's not just Ty sitting down doing an interview. it's kind of like walking through herb gardens, the team's there. You're going to see the camera crew and Tony Jimenez was with them. [crosstalk 00:28:42] A good friend of ours and then Andre, our Riga, Latvia friend was there as security detail. It was just a lot of fun, though. I mean you'll go into elevators with them, you're going to go out on the street, you're going to see doctors kick them off this ...

Charlene: [28:57](#) I mean that's really entertaining. So it's like a travel style, something you'd see on the ...

Ty Bollinger: [29:03](#) National Geographic Channel or Travel Channel.

Charlene: [29:06](#) Yeah, National Geographic. Travel Channel. Something really high end, Hollywood style. But so educational and the protocols are fantastic. I am so excited with Ty. They've never done anything better. This is world class and it's just a fulfillment of our prayer, John O. When we first started trying to get the truth about cancer to the world, saving lives, we didn't know how we were going to do it. But we knew that God did and we knew there was a

way to the ends of the earth and back again to reach every man, woman, boy, and girl. We just didn't know how we were going to do it and here we are now penetrating Asia with these amazing protocols.

- Charlene: [29:42](#) So we just want to encourage your viewers, your fans and followers, John O., everyone out there watching, cancer does not have to be a death sentence. We lost a lot of family members and when we first started this, John O., we wrote a book called Cancer Step into the Box, like I said in the beginning. We only knew in theory this stuff worked.
- Charlene: [30:06](#) But now we've been doing it long enough that people now come to us and say, "You know what? I've done what you said. I was sent home to die, but today I'm alive and cancer free." And we hear that a lot and that's what this is for. This is to save lives, and so we encourage everyone just to watch this. Most likely you know someone with cancer or you might have cancer. We're here for you. This documentary is a gift of love, straight from the hands of God in heaven where grammy and granddad and grandma, our parents are, to you so that you don't have to die. Cancer does not have to be a death sentence. As long as there's breath there's hope, and we have a way back to complete and total health.
- Ty Bollinger: [30:48](#) Yeah, I agree, honey. Let me share one thing for your viewers. John O., is you want to sign the sign up. I'm sure John's got a link here where you can sign up. It's completely free to watch and you don't want to miss episode one cause it Charlene mentioned-
- Jonathan Otto: [31:01](#) Yeah, it's here on the page. So go ahead, click on the page.
- Ty Bollinger: [31:04](#) Yeah I know. So, yeah, I'm sure you have it there on the page. So, as-
- Jonathan Otto: [31:07](#) Yeah, I was just saying like, "Yeah, yeah, yeah."
- Ty Bollinger: [31:09](#) Okay, yeah, sorry. I think we're a little bit of a delay here, which happens when we're in Tennessee and you're in Puerto Rico. Not a big deal.
- Ty Bollinger: [31:17](#) So one of the things is like in the past documentaries, we did a lot of interviews in hotel rooms as we were traveling. So there's not a single interview in a hotel room in any of the seven episodes. We were on location outside. Matter of fact, in episode one, we were interviewing this doctor Yanaka Salah from Japan, a very renowned cancer doctor in Japan, and when got literally moved twice during the interview. We were outside and

the police came, made us move because we were a danger to the traffic and then we moved somewhere else and then again moved to somewhere else. So you'll see that we. You see us get kick out of the places we're interviewing.

- Ty Bollinger: [31:51](#) At one point, John, and we lost Alan. We couldn't find him. We included that part where we're going through the streets in Tokyo trying to find Alan. So-
- Charlene: [31:59](#) Reality TV.
- Ty Bollinger: [32:00](#) It's just fun to watch as well as being educated.
- Charlene: [32:02](#) Yeah.
- Ty Bollinger: [32:02](#) So you know, your audience is going to want to sign up for free to watch episode one because it's educational but it's really fun to watch. And so people that are maybe not into natural health or whatever, I think they're going to still be captivated to watch it because it's produced in such a way that it will keep their attention. And that's the way that we can educate them.
- Charlene: [32:21](#) Yeah. And you know, John, I just want to add to what he's saying. With the final cut being so great, it's reality kind of TV, educational life saving content. But the viewer, when they watch it, it's going to be like ... I like the Avengers. I like watching the Avenger movies and you know, End Game is coming up. I can't wait to see. I was so disappointed with the last Avengers, like Thanos took away our good super heroes.
- Ty Bollinger: [32:44](#) I've never seen it, so I'm gonna let you [crosstalk 00:32:46].
- Charlene: [32:46](#) No, I'm like, "You can't do that to our superheroes." But anyways, you're in that movie theater and you forget you're even watching a movie. It's like an experience. You're now a part of this experience. That's what this is, John O. It's an experience. People that join us and watch, they're literally going to forget they're watching a screen and they're going to go through Asia with us and it's going to be pretty cool.
- Jonathan Otto: [33:08](#) Fantastic. Well, thank you so much for your commitment. Please, if you're watching this right now, if you're interested at all, then now's the time to just jump on board so you can watch it live, free. Get other people involved, invite your friends and just click on the link below and get registered so you can check it out. Come on the journey with Ty and Charlene. I'd certainly urge you to. I believe that we owe it to ourselves, our

families, to get educated on this. If cancer's not at our doorstep right now, that's a perfect opportunity. Be Proactive.

Jonathan Otto: [33:39](#) And that's very much an eastern medicine concept, which is to go to the doctor when you're well so you stay well. And that's really deeply rooted in eastern medicine. So do that by equipping yourself, getting aware and getting your family involved and they've made it available for free ... And everyone wants to make my video really bad right now.

Jonathan Otto: [34:02](#) And so just click the link and get involved. Check it out, get registered today. Perfect. And I think the only other thing that I'd just like to say in closing as well with you guys is for my audience that follow me for depression, anxiety, dementia, which is now proven to be an autoimmune disease, with dementia because it's degeneration of really all aspects of the body, especially the gut. And they are inflammatory diseases. And because dementia is directly now connected 'cause, leaky brain, which is caused by leaky gut, which is very much autoimmune because it's about the food particles getting, you know ... Intestinal permeability getting into the bloodstream, going into the brain.

Jonathan Otto: [34:43](#) So we know these things are all deeply connected. We know that autoimmunity is deeply connected to cancer because of the elevated cancer risks if you have autoimmunity. There's studies that have shown that you have up to a five times cancer risk if you have autoimmunity and that's even including pancreatic cancer, not just the less invasive types of cancer.

Jonathan Otto: [35:05](#) So it's a huge alarm bell for people to understand these correlations so that, one, you can and do these types of things. Because what's amazing is the treatments that are really good for cancer are also really good for autoimmunity. I've found this out through the fact that some of my best doctors will do coffee enemas.

Jonathan Otto: [35:24](#) No, sorry, I don't speak Spanish. I'm sorry. Yeah, so autoimmunity. So what do you think for what our audience could learn for those that may be battling the autoimmunity? Is there any relevance in the content that you're sharing?

Ty Bollinger: [35:45](#) Absolutely.

Jonathan Otto: [35:45](#) Knowing that autoimmunity is really inflammatory disease. Go ahead.

Ty Bollinger: [35:49](#) Yeah, yeah, absolutely. Because in Eastern medicine, what you said is true. They want to prevent disease, not treat it. And when somebody is sick, and in all these countries, even though they're using protocols that work on cancer, none of the doctors say they're treating cancer. They're treating the body. And with the body being sick, being compromised in the immune system, having leaky gut, sometimes manifests itself in different ways. It might manifest itself as cancer, but it might manifest itself as depression or dementia or even Alzheimer's or diabetes. It depends upon how your body reacts to the immune system being compromised.

Ty Bollinger: [36:26](#) So treatments that are working for cancer in these countries, the reason they work is because they bring the body back into homeostasis and they heal the immune system. So by definition, if you're immune compromised state has manifested in another disease, it would work for that too because they're not treating cancer, they're treating the immune system, they're treating the body. When you bring the body back to homeostasis and the body back into balance, the symptoms that were there before, whether we call those symptoms cancer, diabetes, or dementia, they tend to go away.

Ty Bollinger: [37:00](#) So everybody out there will benefit from this because these treatments heal the body. They don't reverse cancer. They give the body what it needs so it does the healing. And that's the key to overall health, is to give the body what it needs.

Jonathan Otto: [37:15](#) So what should someone do right now?

Ty Bollinger: [37:18](#) Put their name and their email in the thing below to watch it. Watch it for free.

Jonathan Otto: [37:23](#) Yes. Let's do it. Let's all go on the journey together. Let's enjoy this journey, this experience, this healing transformational experience that is about to happen for everyone if you're involved, if you're there. So don't miss out and be a part of the mission, be a part of this movement of healing and learn about the truth about cancer here and one of the best, most wonderful places to learn it through eastern medicine. So check it out by clicking the link below.

PART 3 OF 3 ENDS [00:37:48]